

# How to Access UVA Health IT Resources Off-Site with VPN

Please note: Off-site access will require VPN access and DUO Mobile authentication.

To check if you have access, please visit

<https://www.healthsystem.virginia.edu/alive/computing/forms/Security/OAR2/AccessRequest.cfm> and click the blue button labeled "Access Status". You should have "VPN" listed under Active Access Records. If you do not currently have access, please click the green button labeled "Access Request", select "VPN" under System, "VPN" under Role, and submit an access request.

If you need to set up DUO Mobile, please see this page: <https://hit.healthsystem.virginia.edu/departments/security/guides-tools-and-forms/two-step-login/>

## Preferred Method for Commonly Used Resources

The following resources may be accessed without posture-checking and without using the Big IP Edge connection client:

- Epic
- Full Outlook with support for attachments
- Skype
- PowerPoint
- Word
- Excel
- F: drive and O: drive access
- Kronos time clock

The above applications can be accessed at <https://apps.healthsystem.virginia.edu/>. Accessing these applications will require installing Receiver (Citrix) for Windows or Mac and having a VPN connection:

<https://download.hscs.virginia.edu/>.

## Specialty Access Method

If you require access to applications not listed above, please follow the instructions below for connecting to your remote workstation. Please be aware that your computer must meet VPN posture check requirements to access VPN resources:

- Supported operating system
- Current system patches
- Up-to-date antivirus software
- Disk encryption

If your computer does not meet these requirements, access will be denied.

Connecting to the UVA Health network using a Windows computer

- [Windows VPN Instructions](#)
- [Windows Remote Desktop Instructions](#)

Connecting to the UVA Health network using a Mac

- [Mac VPN Instructions](#)
- [Mac Remote Desktop Instructions](#)

If you have questions or trouble installing the software call the Help Desk at (434) 924-5334.